

SUPER SKIN BLECHING SOAP POWDER INSTRUCTIONS

- Skin Whitening Cleanser

For quick daily use, put a teaspoon of the soap powder in your hand then sprinkle a few drops of warm water on it. Rub your hands together until you see a white lather. Rub this onto your face/neck/body/etc. Rinse until to skin is supple, then dry. Proceed with applying your skin bleaching creams or other skincare products. To use this skin whitening soap powder as a regular liquid soap, pour 1-tablespoon of soap powder into a bottle with 4 fl.oz. of hot water or warmed aloe vera juice or luke warm fresh lemon juice. Replace the bottle top, then shake until the soap powder completely dissolves. Add more soap powder to the mixture if you want a thicker liquid soap. Thos soap powder works best with a Foaming Pump Bottle, just add your mixture to the bottle and pump out soapy skin whitening foam.

- Skin Whitening Masque

For a facial/body masque, pour 4-tablespoons of skin whitening soap powder into a bowl then mix in 1-tablespoon of hot water or aloe vera juice (or luke warm fresh lemon juice), until it forms a paste. Apply this paste to your face/body with an application brush (*or your hands*) and let it sit for 15-30 minutes, then wash it off with warm water.

- Skin Whitening Bath

For a skin lightening bath, add 4 fl.oz. of skin whitening soap powder to an empty bathtub then fill the tub with hot water, shallow. You may also add a little aloe vera juice to the bath water (*FYI: Aloe vera is an herbal skin whitener*). Get into tub and soak for 30-45 minutes, during this time use a bath brush or exfoliating sponge to scrub your body/face/etc. with the bath water. After 30-45 minutes of soaking you may stand up and shower off the skin whitening soap residue. After using of any of the above methods, dry your skin then proceed with applying your skin bleaching creams/serums or regular skin moisturizers.

TIPS:

- Exfoliate! You must exfoliate your skin (*peel/remove dead skin*) in order to see any results with this product, just like with ALL skin bleaching/whitening products. To exfoliate I suggest using Tretinoin 0.10% for face and Saliclear for body. Results are seen in 7 days on already exfoliated skin.

- I suggest keeping about 4 ounces of this soap powder in a small jar and store the remaining bag of soap powder in the fridge. To preserve it. To avoid oxidation after mixing your soap powder into a liquid, try use what you mix within 48 hours. To avoid waste, I suggest you only mix what you need for each use. If you happen to have any leftover soap mix it's best to refrigerate it, and try to use it within 48 hrs.