

## **SALICLEAR** (Salicylic Acid 30% Peel)

**PLEASE VISIT** <https://isis.gold> to download my “Chemical Peel Guide” for more information on chemical peels, the types of chemicals used, and application tips.

### **WARNING**

This is a Salicylic Acid based chemical peel, which is the most gentle of all chemical peels but DO NOT apply to broken skin, raw skin, irritated skin, or recently abraded skin. If your skin becomes irritated after applying Saliclear, rinse & cleanse your skin immediately. TEST the solution on your skin first to see how it works for you.

### **::IMPORTANT::NOTE::**

Saliclear may “crystallize” if the temperature is too cool OR if the top is left off. This is due to the organic vegetable based solvent we use (*rather than harsh chemical based ones*). This is nothing to be alarmed about, Saliclear can be easily reconstituted. With the top tightly replaced, SHAKE the bottle of Saliclear to mix. Then pour 1-2 ounces, or what you plan to use, into a clear microwave safe dish and heat for 20-30 seconds. DON'T OVER HEAT. Remove the dish from the microwave and stir with a plastic spoon (*or applicator brush*) until you see all of the “crystals” completely dissolve & disappear (*the solution will be thick and clear like corn syrup*). You can apply it right away or as soon as it cools off to where you're comfortable. DO NOT put the entire bottle into the microwave, the bottle isn't microwave safe it will shrink & melt. If you want to heat the entire contents pour the solution into a large glass measuring cup to do so, then transfer it back to the bottle after heating. This may seem like a bit much to do, but the results & benefits of using Saliclear are well worth it.

### **DIRECTIONS:**

You may want to dilute Saliclear to a lower strength if you plan to use it on your face. Saliclear isn't water soluble. So do not dilute it with water or anything that contains a high percentage of water. The salicylic acid in Saliclear will crystallize and ruin the whole batch. Dilute with either vegetable glycerin, or another vegetable based solvent that will not burn or irritate if left on your skin. SUGGESTION: Tretinoin Gel 0.1% is best for peeling face skin.

**BODY** Saliclear works best for body skin *{neck down to feet}* because body skin is the toughest to peel and most acid peels need to be rinsed off after application. Saliclear doesn't need to be rinsed off. Apply a thin layer of this Saliclear the same as you would lotion, rub it in well all over your body. Your skin will feel the silkiness of the Saliclear still on your skin, but eventually the Saliclear completely absorbs and later on you will want to apply your regular moisturizer. **DO NOT APPLY MORE THAN ONE LAYER OF SALICLEAR. APPLY NO MORE THAN ONCE PER DAY.** You can apply Saliclear to your body daily. ONCE daily. Your skin will start to shed within 2-3 days of the first application. Your skin will look a bit darker/shiny/wrinkly, this is dead skin that is getting ready to peel off. For really thick dead skin *(corn/calluses/feet/hands)* Saliclear will help those areas peel, but you'll need Glycolic Acid 70% to completely remove thick dead skin.

**Upon initial use**, you can apply Saliclear to your body **daily**, for a week or two. Then reduce to every other day. Then reduce to 3 times weekly. By that time your skin will have transformed into soft silky suppleness. If you have Keratosis Pilaris it will have diminished by 88%. Also, at this time you can continue to apply Saliclear to those hard to peel areas daily. Like an area that has a high concentration of KP bumps. As for the rest of your body you can apply Saliclear 2-3 times weekly, for maintenance *{If you're on a skin-lightening regimen, apply your hydroquinone cream 5 minutes after you have applied your Saliclear}*. As you progress with use, there will be skin flakes everywhere. Apply Vaseline to your skin. This will keep your skin moisturized and keep the dead skin flakes from flying everywhere like dust. No matter what, ALWAYS keep your skin moisturized during and after a skin peeling regimen. If you don't your skin will dry out. Stimulating your body to make more dead skin to protect it. **Daily Usage:** If you plan to apply this product to your body daily, you can apply it after a shower ONLY if you didn't aggressively abrade your skin (i.e. bath brush with coarse bristles). Soon your skin will peel & shed profusely so you're going to want to scrub to help remove the peeling dead skin. This is fine, just don't be rough and don't pick at the peeling skin. Because the new skin underneath is delicate & sensitive and you don't want to cause bruising or darkening of your "new" skin by being too rough with it.

**FACE** This is a Salicylic Acid based chemical peel, which is the most gentle of all chemical peels but the face is more sensitive to chemical peels, period. So if this solution stings a bit dilute it with vegetable glycerin until you find a comfortable strength for your face. Dilute Saliclear with either vegetable glycerin, or another vegetable based solvent that will not burn or irritate if left on your skin. SUGGESTION: Tretinoin Gel 0.1% is best for peeling face skin.

**TIPS:**

Do not apply Saliclear to areas that have “completely” exfoliated. Meaning, if the skin has recently peeled off like a piece of tape or plastic wrap (*big wide piece of skin that you can hold up & look at*) . That area is now considered “raw” and totally free of dead skin. Before you apply it to the same area again wait 3-5 days after the skin has started building up again. In the meantime keep that area extra moisturized with skin nourishing lotions/creams/Vaseline/etc. Now if the area just has a few “skin crispies” and flakes hanging, you can keep applying the Saliclear until that area totally exfoliates. If it Saliclear does sting or burn to any area just avoid applying it there until at least 3 days have passed. As you use Saliclear you will get the hang of how to use it to your benefit, and knowing exactly how to work with it on your skin. Also, you should soak in a bath of “Dead Sea Salt” to help the dead skin come off a lot quicker. Dead Sea Salt has MANY benefits and exfoliating skin is one of them. Also moisturizing, anti-ageing, cellulite, evening skin tone, etc. Soaking (*daily*) in a bath of Dead Sea Salt would complement any skin lightening regimen.

**Ingredients: Salicylic Acid 30%, Vegetable Based Solvent (food grade)**

**! WARNING ! : IF YOU ARE ALLERGIC TO SALICYLIC ACID DO NOT USE THIS PRODUCT. THIS PRODUCT IS TO BE USED BY ADULTS 18+ ONLY. THIS PRODUCT IS NOT FOR USE ON PREGNANT OR NURSING MOTHERS. IF YOU ARE CURRENTLY TAKING MEDICATION FOR SOME ILLNESS OR CONDITION, OR IF YOU HAVE ANY CURRENT SKIN DISEASES/INFECTIONS PLEASE CONSULT YOUR PHYSICIAN BEFORE USING ANY CHEMICAL PEEL.**