

## BETA-C 20% SERUM

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# SHAKE WELL BEFORE USE!

This is a deep penetrating herbal skin repair & skin whitening serum. Please do a skin/patch test before starting regular daily applications. Apply a thin layer to your inner forearm & wait 24 hrs. If there is no severe irritation or inflammation you may begin regular use. Test both diluted & undiluted serum. And as always, please remember that your skin will “*appear*” darker before it gets lighter. Every time your skin peels there will be whiter skin revealed underneath.

### **SIDE EFFECTS**

Using Beta-C 20% Serum undiluted may cause an *orange* staining of the skin (*and clothing*). This color will come off when you wash your skin (*or clothing*) and also when

your skin starts peeling. Beta-C 20% causes the skin to peel because of the tretinoin it contains. All of this peeling will cause your skin to be very dry, therefore you need to keep it heavily moisturized with Vaseline or a very moisturizing herbal butter.

Although this is a herbal skin whitener you still are required to do a patch test and dilute this cream upon initial use. Please do the 24hr skin/patch test to determine skin sensitivity to this cream. If you experience any “severe side effects” to this cream, this means that you are allergic to either beta-carotene or one of the other ingredients. If this occurs discontinue immediately.

## **DIRECTIONS**

**Undiluted**: Apply a thin layer to your skin and pat it in thoroughly until it absorbs. Then apply your regular facial moisturizer (*or body lotion*) over that. This serum is very

concentrated, so you'll only need to use it once daily undiluted to receive its benefits.

**Diluted**: Add 3-6 pumps to a jar of your HQ30% skin bleaching cream, or into any of your favorite skin cream or lotion. Use a clean spoon to mix your cream thoroughly into a smooth orange cream. Apply this mixture to clean skin 2-3 times daily. It's best to start out with fully exfoliated skin and continue to exfoliate your skin with Tretinoin 0.1% (*face*) and Saliclear (*body*), but you don't have use as much Saliclear or Tret because Beta-C contains some Tretinoin.

## **INGREDIENTS**

Beta-Carotene 20%, Phloretin 1%, Ferulic 1%, Acid, Totarol 1%, Tetrahexyldecyl Ascorbate 6%, Tretinoin (*retin-A*), Sea Buckhorn Oil, Evening Primrose Oil, Turmeric Essential Oil, Carrot Seed Essential Oil, Myrrh Essential Oil, Frankincense Essential Oil, Geranium Essential Oil, Bergamot Essential Oil.